



PSE Project Examples

Below is an incomplete list of community-level projects Wholespire has supported with mini-grants. The list features examples of policy, systems and environmental (PSE) change projects implemented by various communities across South Carolina. All focus areas marked with an asterisk (*) indicate a level of partnership and collaboration with local government and regulatory agencies required to complete the projects.

Activity-Friendly Communities

Focus Area	Project/Tactic	Items Funded
Bicycle and Pedestrian Routes and Trails	Provide adequate signage to improve pedestrian safety	Safety signs, paint and other tools
	Install way-finding signage	Signs, posts, hardware and installation costs
	Create maps of community/ neighborhood walking and biking routes	Development of a map
	Develop Born Learning Trails	Signs, posts, hardware, paint, brushes, etc.
	Install detectable warnings surfaces on curb ramps for people with disabilities	Concrete pavers, brick pavers or other products; directional and warning signs
	Address pedestrian and bicycle safety to increase walking and bicycling	Paint and supplies for repainting crosswalks, traffic-calming signs, pavement markings, etc.
	Transform a trail or paved pathway into a Storywalk	Kiosks, installation supplies and costs
	Transform a trail or paved pathway into a fitness trail	Purchase outdoor exercise system equipment/stations
Parks, Playgrounds and Other Recreational Facilities	Provide bike racks at recreational facilities, schools, and businesses	Purchase and installation costs
	Provide benches at parks, paved walking paths, playgrounds, ADA picnic tables, etc.	Purchase and installation costs
	Improve park/recreational facilities	Recreational equipment such as basketball goals, soccer goals, playground equipment, balls, and other needs
	Create inclusive play spaces for people with disabilities	Sensory panels, inclusive swings, and other inclusive play equipment; ramps, braille and sign language signs; accessible drinking water fountains/water bottle refill stations
	Improve accessibility and ADA compliance	Rubber mats for playgrounds, ADA signs, ramps, and other needs



	Create or upgrade a community basketball court	Land grading, concrete, basketball goals, paint, stencils, supplies to repair cracks on surface
	Create a disc golf course	Disc golf baskets, disc golf frisbees, equipment needed for installation
Open Community Use*	Adopt an open community use policy to allow the public to use school recreational facilities during non-school hours	Signs featuring hours of operation and rules of use; Additional equipment or resources needed such as trash cans, benches, landscaping; New and safer playground equipment
Safe Routes to School*	Improve bicycle riding to school	Paint and supplies for curbs, crosswalks and other safety areas
	Effective Student Pick-up and Drop-off Design	Signs to define areas in drop-off and pick-up zones and explain their proper use
	Enhance visibility crosswalks/ re-painting of crosswalks leading to the school	Stencils, paint, supplies
	Crossing Guard Supplies/Safety Equipment	Reflective vests, stop/go handheld signs, portable stop/go/slow signs and other safety equipment
	Improve school traffic safety during drop off and pick up	Supplies for road surface markings, curb markings, delineators, colored pavements, and traffic channelizing devices, lights for portico
Access to Drinking Water	Ensure drinking water is available in public spaces	Water bottle refill stations, accessible drinking water fountains, water fountains featuring a dog bowl

Access to Healthy Food

Focus Area	Project/Tactic	Items Funded
Farmer's Markets	Establish new farmers' markets	Sandwich boards, employee/farmer aprons, SNAP/WIC processing equipment and Wi-Fi hot spots, signage, SNAP/WIC promotional signs
	Increase access for people with disabilities	Paint and signs for parking, materials and supplies for curb ramps
Mobile markets	Accept SNAP, WIC, Senior SNAP and Healthy Bucks	SNAP/WIC processing equipment and Wi-Fi hotspots, SNAP/WIC promotional signs
Community Gardens	Create or expand a network of community gardens	Materials to build gardening beds: lumber, cement blocks, planting soil, mulch; Water meter and backflow gauge, signage, Gardening tools (rakes, hoes, etc.), tiller



Other food access projects	Provide free gleaned produce stations at a local, public facility	Shelves, baskets, bins and other food storage supplies, chalkboard signs
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Healthy School Environments

Focus Area	Project/Tactic	Items Funded
Farm-to-School	School Gardens	Materials to build garden beds, soil, mulch, benches, picnic tables, Gardening tools (rakes, hoes, etc.)
Open Community Use*	Adopt an open community use policy to allow the public to use school recreational facilities during non-school hours	Purchase signs featuring hours of operation and rules of use; Purchase additional equipment or resources needed such as trash cans, benches, landscaping, soccer goals; Purchase new and safer playground equipment
FitnessGram	Provide physical activity resources for ALL teachers (not just PE)	Purchase physical activity equipment, tools
Alliance for a Healthier Generation Healthy Schools Program	Implement the Alliance Healthy Schools Program Framework of Criteria through the 6 Step Process for building a healthier school environment	Activities and materials for implementing Alliance for a Healthier Generation Healthy Schools Program
Out of School/Afterschool	Provide physical activities before, during and after school for students and parents	Create a paved walking track, rubber mulch mats, railroad ties, spikes, benches, solar lights, active pathways, distance markers, etc.
Safe Routes to School*	Improve bicycle riding to school	Paint and supplies for curbs, crosswalks and other safety areas
	Effective Student Pick-up and Drop-off Design	Signs to define areas in drop-off and pick-up zones and explain their proper use
	Enhanced Visibility Crosswalks/ re-painting of crosswalks leading to the school	Stencils, paint, supplies
	Crossing Guard Supplies/Safety Equipment	Reflective vests, stop/go handheld signs, portable stop/go/slow signs and other safety equipment
	Improve school traffic safety during drop off and pick up	Supplies for road surface markings, curb markings, delineators, colored pavements, and traffic channelizing devices, lights for portico
Access to Drinking Water	Retrofit and install safe water sources	Water refill stations, water fountains, accessible water fountains



Transform the physical environment to increase students' PA and other pro-social learning and play behaviors	Improve outdoor playground equipment	Purchase PA equipment, such as slides, swings, ladders, and various climbing structures for students to interact with; upgrade basketball goals
	Increase the variety of outdoor play options	Add painted play spaces or markings to the playground
	Create active pathways in hallways and walkways	Stencils, paint and other materials
	Create inclusive spaces for people with disabilities	Purchase grip volleyballs, ringing volleyballs and other specialty balls and play equipment for kids with disabilities, smooth surfaces like rubber mats
	Create an Outdoor Classroom	Picnic tables, benches, and other materials

Youth Engagement (The HYPE Project®)

Focus Area	Project/Tactic	Items Funded
School-based PSE Projects	Mobile Breakfast Carts	Food cart, wrapping for cart
	Improve pedestrian and bicycling safety of students	Supplies for conducting a walkability assessment
Community-based PSE Projects	Update a local park	Benches, trash receptacles, benches, paint and supplies, park signs
	Upgrade a community basketball court	Basketball goals, paint, stencils, supplies to repair cracks on surface
	Playground improvements	Volleyball net, disability swings, trash receptacles, benches, paint and supplies, park signs
Faith-based PSE Projects	Create or expand a network of church gardens	Materials to build gardening beds: lumber, cement blocks, planting soil, mulch; signage, gardening tools (rakes, hoes, etc.)
	Include health in all policies	Social hall signs displaying healthy eating policies
	Increase fruit and vegetable consumption at church	Equipment for a salad bar
	Create a smoke-free environment	No Smoking signs